SOUTHERN REGIONAL HIGH SCHOOL

MEAL TICKETS MAY BE PURCHASED IN ADVANCE AVAILABLE DAILY: ASST, FRUITS, VEGETABLE, WG BREAD, CHOICE OF 1% or FF FLAVORED MILK

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch: \$2.95	5/14	5/15	5/16	5/17	5/18
Premium: \$3.30	Mozzarella	Chicken Bowl	Chicken Sticks	Chinese Take	Buffalo Chicken
FAVORITES	Sticks w/	w/ Mashed	w/ Roll	Out w/ Fried	Flatbread
	Marinara	Potatoes & Roll	,	Rice	Delved Deepe
	Sweet Potato Fries		Potato Wedge Fries Seasoned Broccoli		Baked Beans Pepper Strips
	Spinach Salad	Roasted Corn Spinach Salad	Spinach Salad	Asian Vegetables Spinach Salad	Spinach Salad Fruit
	Fruit 1% or FF Milk	Fruit 1% or FF Milk	Fruit 1% or FF Milk	Fruit	1% or FF Milk
	Chicken Patty	Bacon Chicken	Buffalo	1% or FF Milk Ham & Cheese on	Meatball Sub
GRILL	Jersey Burger	Cheddar	Chicken Patty	a Kaiser Roll	Chicken Patty
	Hamburgers Cheeseburger	Hamburgers Cheeseburger	Hamburger Cheeseburger	Hamburger Smokehouse	Hamburger Cheeseburger
The	•	•	Ū	Burger	
	Sweet Potato Fries Spinach Salad	Roasted Corn Spinach Salad	Seasoned Broccoli Spinach Salad	Asian Vegetables Spinach Salad	Green Pepper Strips Spinach Salad
	' Fruit	Fruit	Fruit	Fruit	Fruit
	1% or FF Milk	1% or FF Milk	1% or FF Milk	1% or FF Milk	1% or FF Milk
	Pepperoni	Buffalo Chicken	White Pizza	French Bread	Vegetable
PIZZA	Pizza Cheese Pizza	Pizza Cheese Pizza	Cheese Pizza BBQ Chicken	Pizza Calzone	Pizza Cheese Pizza
		Cheese Pizza	Pizza	caizone	Meat Lovers
	Sweet Potato Fries	Roasted Corn		Asian Vegetables	Pizza
	Spinach Salad Fruit	Spinach Salad Fruit	Seasoned Broccoli Spinach Salad	Spinach Salad Fruit	Green Pepper Strips Spinach Salad
	1% or FF Milk	1% or FF Milk	' Fruit	1% or FF Milk	Fruit 1% or FF Milk
			1% or FF Milk		
DAGTA	Macaroni &	Cheese Ravioli	Baked Ziti	Penne w/	Pasta &
PASTA	Cheese w/	Cheese Ravioli w/ Garlic Bread	Baked Ziti w/ Breadstick	Tomato Blush	Pasta & Meatballs
PASTA	Cheese w/ Dinner Roll 	w/ Garlic Bread Roasted Corn	w/ Breadstick		
PASTA	Cheese w/ Dinner Roll Sweet Potato Fries	w/ Garlic Bread Roasted Corn Spinach Salad	w/ Breadstick Seasoned Broccoli Spinach Salad	Tomato Blush Sauce Asian Vegetables	Meatballs
PASTA	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit	w/ Garlic Bread Roasted Corn	w/ Breadstick	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit	Meatballs Green Pepper Strips Spinach Salad Fruit
PASTA	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad	w/ Garlic Bread Roasted Corn Spinach Salad Fruit	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit	Tomato Blush Sauce Asian Vegetables Spinach Salad	Meatballs Green Pepper Strips Spinach Salad
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps &	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps &	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps &	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps &	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps &
PASTA	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches	w/ Breadstick	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk
SANDWICHES	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30
	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.
SANDWICHES	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb. Dinner Roll	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb Dinner Roll	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll
SANDWICHES	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb.
SANDWICHES	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u>	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u>	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll Boxed Lunch:	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per lb Dinner Roll Boxed Lunch:	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u>
SANDWICHES	Cheese w/ Dinner Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Sweet Potato Fries Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/ Veggies</u>	w/ Garlic Bread Roasted Corn Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Roasted Corn Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u> <u>Cheese &</u>	w/ Breadstick Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll BBQ Baked Beans Seasoned Broccoli Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/ Veggies</u>	Tomato Blush Sauce Asian Vegetables Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Asian Vegetables Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib Dinner Roll <u>Boxed Lunch: Cheese & Crackers</u>	Meatballs Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Wraps & Sandwiches WG Bread Or WG Hoagie Roll Green Pepper Strips Spinach Salad Fruit 1% or FF Milk Salad Bar \$3.30 Adults \$3.85 per Ib. Dinner Roll <u>Boxed Lunch:</u> <u>Hummus w/</u> <u>Veggies</u>

CAFETERIA MANAGERS: 11/12 PAT PARKER ext. 4419